

Community Connections

It can be the little things we do that mean the most. Do you have time to offer? A passion, hobby or skill that you wish to share with others? Or would you like to learn something new yourself? Or not too sure and would you just like to get more involved in your local area? It does not have to be on a grand scale, all offers of help are gratefully appreciated, from popping a few newsletters into letter boxes, to offering a friendly ear over the phone. We are looking for kind and caring supporters of our work who wish to be further involved in their community.

Help/Support in groups

Run your own group

Share/Pass on skills/knowledge/workshops

Coffee Afternoon

Computer group (sharing/learning skills)

Film Afternoon

Befriending (visiting members at home; weekly/fortnightly/monthly) this does work both ways as having a friendly visitor call/visit can be an immense support to them too

Walking Buddy/Telephone support/Hospital visiting/Occasional visiting

Trustee (experience within business and or a local older person)

Help on day trips/outings/parties/events

Distribution of Newsletters

Website blogging (Members Corner)

Going into Schools – lunches/activities

Lunch Group

Allotment

If wishing to discuss this further then I'd love to hear from you, please contact
Lisa Argyle on 0113 243 0298

**Different
Generations
Growing & Learning
Together**

