

**National Gambling HelpLine**  
**Call Free, 24/7: 0808 8020 133**  
Live chat via [www.gamcare.org.uk](http://www.gamcare.org.uk)

# Gambling getting out of hand?



Contact the Leeds Community Gambling Service today.

We offer information, advice and support for anyone worried about their gambling, or someone else's.

Our support is free, flexible and confidential. Get in touch today on **0113 388 6466** or visit [gamcare.org.uk/leeds](http://gamcare.org.uk/leeds)

