



IN WOODHOUSE
&
LITTLE LONDON

NEWSLETTER



Coronation Celebration

Afternoon Tea

Everyone is invited to join us on Wednesday May 3rd for afternoon tea to celebrate the upcoming coronation of King Charles III

There'll be sandwiches, scones and cake as well as tea and coffee (of course) while we mark this moment in history as well as celebrating all those who help and support Caring Together's work in our community, each and every day of the year, and, we hope, will continue to do so as we enter the new 'Carolean era'

There will be some 'skills share' sessions in the weeks leading up to this to get-together and make decorations for the day (see the skill share insert for details).



Caring Together premises—Charing Cross

Wednesday 3rd May

1pm—3pm



Caring Together and your support

As we approach the end of the financial year we are reflecting on the amazing and generous support we get from our members and the local community—both financial and otherwise.

So many people offer us their time and skills to help our work supporting local people. Others give us gifts that can be used to run our activities, or be given to people who need them.

Many people help to support us financially too, with donations big and small, and we are incredibly grateful for each and every one of them.

Of course, we will continue to need that support in the coming financial year. We are also acutely aware that this is a difficult time for many, and so we wanted to highlight a couple of ways that you could financially support us that would cost very little.

We have a monthly prize draw that costs just £1 a month to enter. Half this money goes into Caring Together Funds and the other half is given out to the winners. If you would like to enter the draw please let us know.

Alternatively, a number of our members put their spare change into a gift box and give it back to Caring Together when it is full—all those coins add up!!

We will be very grateful for any support you can offer but at the same time want to be clear that you do not have to donate anything to receive support from Caring Together. There is no charge to join, and we are committed to keeping it that way.

Bereavement Support Group

Time: First Monday of each month 11am—12noon
(note: no group on 1st May—May Day Bank Holiday)



Venue: Caring Together—Charing Cross, Woodhouse Street

Come and meet other Bereaved people for support and understanding. With support from Leeds Bereavement Forum and Carers Leeds.

If you are interested in this group, please contact Lisa for a chat—call 07436 530073 or email lisa@caringtogether.org.uk

'Welcome Space!'

When: Last Thursday of the month

Time: 2.30pm - 3.30pm

Location: Little London Community Centre, Main Hall, Oatland Lane, Little London LS7

In addition to a worker from Caring Together being present, a local Police Community Support Officer may be there for safety information and advice.

Stay for a cuppa and a chat too, if you wish

All are welcome!



'Friday Cuppa and Catch Up'

When: Last Friday of the month

Time: 1.30pm

Location: Caring Together premises, 127 Woodhouse Street, Leeds LS6 2PY

Come and join us and grab a cuppa. In addition to a worker from Caring Together, a memory support worker from the Alzheimer's society will also be with us each month, along with a housing worker from Leeds City Council to answer any queries you may have. **Open to all!**

Dying Matters Let's Talk About it 'Coffee Morning'



Thursday 4th May 2023

Caring Together Premises,

Call in anytime between: 11am to 12.30pm

Our doors will be open for you to call in and have space to talk more openly in relaxed informal way about dying, death and bereavement, and to making plans for tomorrow, for the end of life and living for today.

There will also be a solicitor from Blacks on hand for some basic information and advice about planning for death and dying. They will offer a 'Q & A' session on Lasting Power of Attorney, Making a Will and Living Wills and we'll look at ways of starting conversations with family and friends about 'Last Wishes'.

Fish & Chip lunch outing
Wednesday 5th April -12.30pm
Lunch at Murgatroyds Fish Restaurant in Yeadon



We are going out for lunch to Murgatroyd's Fish Restaurant and we hope you will come along.

Thanks to some funding we are able to provide the transport for this outing free of charge. **You will need to pay for the food and drink you have on the day.** There is a set menu of 3 courses for £14 or you can choose from the a-la-carte menu.

A bus will pick up from:

Little London Community Centre at 11.50am

Charing Cross, Woodhouse at 12 noon

If you are not able to get to one of these pick up points then please speak to us and we will try and make arrangements to bring you from home to get on the bus at Charing Cross

The bus is fully accessible.

If you would like to come along please contact us **before 17th March.**

Outing to Temple Newsam
Thursday 18th May

Join us on a spring outing to Temple Newsam. You can choose to visit the house or the farm (or both), explore the grounds, enjoy a cuppa in the café, visit the shop, or any combination of all these :)

Entry to the grounds is **free** but there is a charge to visit the house or the farm.

(House £8, Farm £4.30 or £11.05 for both together)

There are discounts on these prices if you have a Leeds Card

We have an accessible minibus to take us to Temple Newsam and it will be leaving from the Caring Together premises, Charing Cross, Woodhouse at 11.00am. We can also pick up before this at Little London Community Centre and if you are not able to get to a pick up point we will be able to collect you from home.

We plan to arrive at Temple Newsam by 11.30am

We will leave Temple Newsam for the return journey at 2.30pm.

The cost for the transport is £5 (we've been able to subsidise this)

There are limited spaces on this outing so, if you would like to come, please get in touch as soon as possible.

Local Elections—new ID rules

Local elections are due to be held in May and these will be the first time the new voting rules apply. From now on you will need to show photographic ID to vote in person. If you don't have things like passport or driving licence, your older persons bus pass or disabled persons bus pass can be used.

If you don't have any kind of photo ID you can apply for a free voter authority certificate to be used as ID specifically for voting and you can do this online—see <https://www.leeds.gov.uk/your-council/elections/voter-id> for more information or call 0113 222 4411 for a paper application form. Or you can also go to a library or community hub where they will help you to apply. You need to apply by 25th April to be able to use this in the May elections

If you vote by post you do not need photo ID and if you are already registered for postal voting you don't need to do anything.

If you want some help with any of this, please contact Caring Together and we will be able to assist

Caring Together Prize Draw

Thank you to everyone who takes part in our monthly Prize Draw, it helps raise much needed funds to support our work. The draws take place on the third Monday of each month.

If you join our monthly Prize Draw you will be helping to support our work as well as having a chance to win a small cash prize each month. Each entry costs £1 per month and half of this goes to Caring Together funds while half is paid out in prize money. Please let Valerie know if you would like to take part.

November 2022 Total Prize Fund £25	December 2022 Total Prize Fund £24	January 2023 Total Prize Fund £24
1st Prize £13 No: 114	1st Prize £14 No: 080	1st Prize £14 No: 117
2nd Prize £6 No: 116	2nd Prize £5 No: 085	2nd Prize £5 No: 020
3rd Prize £6 No: 044	3rd Prize £5 No: 111	3rd Prize £5 No: 059

Caring Together Staff—and how to contact us

Our office telephone number is 0113 2430298

Alternatively you can call us on these mobile numbers or email us:

John O'Dwyer - Manager - john@caringtogether.org.uk - 07458303015

Valerie McGregor - Advice & Support Worker/Administrator (Deputy Manager) - valerie@caringtogether.org.uk - 07483333115

Lisa Argyle - Community Resilience Worker - lisa@caringtogether.org.uk—07436530073

Ashley Rose - Finance Worker—ashley@caringtogether.org.uk—or on the office landline on Tuesday mornings (0113 2430298)

Our office address is: 127 Woodhouse Street, Leeds, LS6 2PY.

